



South West Essex Musculoskeletal Service Self Referral

- South West Essex Musculoskeletal Service is for patients with musculoskeletal conditions. We provide a range of treatments in a community setting providing care closer to home
- The service offers a Self-Referral option to access Physiotherapy without needing to visit your GP first
- Our team of specialist clinicians will provide a comprehensive assessment and a personalised management plan

To refer yourself into the service, visit

www.connecthealth.co.uk/services/south-west-essex

and click self-refer. Alternatively, please call **01268 904 102** and one of our Patient Care Coordinators will be happy to help.

- To support your ongoing care with us, you will be offered an initial digital self-assessment
- Following this, you will be offered a telephone appointment with a clinician
- We will provide an appropriate alternative if a telephone appointment is unsuitable e.g. you have communication difficulties
- A family or friend can refer you to the service if you are unable to do so. Please note that they will need to provide your name, date of birth, address and NHS number
- For more information please visit www.connecthealth.co.uk/services/south-west-essex (Translator tool available)

